

## Letter of Commitment

pursuant to § 19 of the Federal Anti-Doping Act 2007 (in its currently applicable version)

National Federation: ..... Date of birth: .....

Mailing address: ..... E-mail: .....

I, ..... , hereby confirm with my signature  
First and last name

1. to acknowledge the applicable anti-doping rules of the national federation and the provisions contained in this Federal Act, in particular in §§ 3, 5, 6, 8 to 18, as binding;
2. to acknowledge the anti-doping rules applicable to the respective international competition to which they are sent;
3. to refrain from anti-doping rule violations and ensure by all means at their disposal that no prohibited substances enter their body tissue or body fluids and no prohibited methods are used on them;
4. to participate in testing pursuant to §§ 11 to 13;
5. to immediately report to the Independent Anti-Doping Organization and the national federation the principal residential address, mailing addresses or e-mail addresses for notifications, any change of name as well as their retirement from sport;
6. to inform the physician or dentist, in case of medical or dental treatment, prior to the administration of medication or the use of treatment methods, that they are subject to the provisions of this Federal Act;
7. to employ only such individuals as athlete support personnel who are not barred from this task pursuant to § 18 para 4;
8. to give their express consent to the use of health-related data which become available as a result of analyzing doping samples and granting TUEs pursuant to § 8;
9. to meet the requests of the ÖADR and the Independent Arbitration Commission and participate properly in any proceedings; and
10. to meet the whereabouts filing requirements pursuant to para 3 or 4 depending on whether they belong to the top segment or basic segment of the National Registered Testing Pool (§ 5).

(2) The athlete shall send the letter of commitment pursuant to para 1 to the national federation in duplicate within two weeks after it has been requested. Said letter of commitment shall be valid as long as the athlete belongs to the National Registered Testing Pool pursuant to § 5.

(3) In addition to the obligations pursuant to para 1, athletes who belong to the top segment of the National Registered Testing Pool pursuant to § 5 shall report the following on a date before the first day of each quarter (1 January, 1 April, 1 July and 1 October) determined by the Independent Anti-Doping Organization:

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1. for each day of the following quarter, the complete address of the place where the athlete will reside (e.g. apartment, temporary accommodation, hotel, etc.);
2. for each day of the following quarter, the name and address of the place where the athlete will practice, work or carry out any other regular activity (e.g. school) as well as the usual schedule for these regular activities;
3. his competition schedule for the following quarter, including the name and address of each place where the athlete will take part in competitions during these three months as well as the dates when he will participate in competitions in these places;
4. for each day of the following quarter, a certain 60-minute time slot between 6.00 a.m. and 11.00 p.m. when he will in any case be available for testing at a certain location.

Any changes to whereabouts or availability during the quarter shall be announced promptly as soon as the athlete has been informed about it, any changes to the 60-minute time slot at least two hours in advance.

(4) Para 3 nos. 1 to 3 shall apply to athletes belonging to the basic segment of the National Registered Testing Pool pursuant to § 5.

(5) The Independent Anti-Doping Organization shall make an electronic filing system (§ 1a Z14) available to the athletes to allow them to meet their whereabouts filing requirements pursuant to para 1 no. 5, paras 3 and 4. The athletes shall meet their whereabouts filing requirements via this system. This data may be stored only as long as this is required to meet the tasks of the Independent Anti-Doping Organization pursuant to § 4 para 1 nos. 3 to 6. The athletes' rights pursuant to Data Protection Act 2000 shall remain unaffected thereof.

(6) Athletes who belonged to the National Registered Testing Pool (§ 5) at the time of their retirement from sport shall notify the Independent Anti-Doping Organization of their return to active participation six months prior to the first competition and, after having signed another letter of commitment, be available for testing pursuant to para 1.

(7) Athletes,

1. who retired from sport during the suspension or period of ineligibility and
2. belonged to the National Registered Testing Pool at that time and
3. want to return to active participation

shall, prior to the first competition, wait until the remaining time of their suspension or ineligibility period between their retirement and the report of the return to active participation has passed if this remaining time exceeds the 6 months whereabouts information has to be filed prior to returning to active participation, and shall, after having signed another letter of commitment, be available for testing pursuant to para 1.

**This letter of commitment shall be handed over to the competent National Sports Federation within two weeks after having been requested. If the athlete concerned does not previously submit the letter of commitment, the athlete shall not be supported by the National Sports federations and shall not be admitted to competitions. Moreover, the athlete concerned shall be dismissed from the squad.**

**ONLY THE GERMAN VERSION IS BINDING AND HAS TO BE  
SIGNED PERSONALLY!**

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